



School Menu

2022-23



Week One

(Weeks commencing 4th Jan & 20th Feb)

Monday

Creamy chicken pasta bake served with garlic bread

Arrabbiata pasta bake served with garlic bread

Tuesday

Harvest beef hot-pot served with new potatoes

Cheese and vegetable cobbler served with new potatoes

Apple and sultana crumble with custard

Wednesday

Slow roast gammon served with roast potatoes and gravy

Garden vegetable pie served with roast potatoes and gravy

Thursday

Chicken tikka masala served with rice and naan bread

Sweet and sour vegetables served with rice

Chocolate chip shortbread

Friday

Fish fingers and chips served with beans or peas

Cheese and onion roll and chips served with beans or peas

All main meals come with a choice of fresh salad, or vegetables daily

Fruit jelly, fresh fruit or yoghurt

Week Two

(Weeks commencing 9th Jan & 27th Feb)

Monday

Beef chilli con carne served with rice and nachos

Vegetable spring roll served with rice and sweet chilli sauce

Tuesday

Spanish paprika chicken served with new potatoes

Vegan sausage and bean cassoulet served with new potatoes.

Coconut jam sponge and custard

Wednesday

Steak and vegetable pie served with roast potatoes and gravy

Shepherdess pie served with roast potatoes and gravy

Thursday

Salmon, butternut squash and coconut curry served with rice and chapatti

Tomato, basil and mozzarella pasta served with garlic and herb croutons

Cranberry and white chocolate flapjack

Friday

Hot dog served with potato wedges and sweetcorn salsa

Falafel burger served with potato wedges and sweetcorn salsa

All main meals come with a choice of fresh salad, or vegetables daily

Fruit jelly, fresh fruit or yoghurt

Week Three

(Weeks commencing 16th Jan & 6th March)

Monday

Pasta carbonara served with garlic bread
Butternut squash cheese and leek crumble served with new potatoes

Tuesday

Spiced meatballs served with vegetable rice
Vegetable chilli con carne served with rice and nachos
Peach melba rice pudding

Wednesday

Roast chicken served with sage and onion stuffing, roast potatoes and gravy
Risotto stuffed pepper served with roast potatoes

Thursday

Lamb moussaka
Mac N cheese
Chocolate chip cookie

Friday

Fisherman's pie
Roast vegetable pizza served with pesto pasta salad

All main meals come with a choice of fresh salad, or vegetables daily

Fruit jelly, fresh fruit or yoghurt

Week Four

(Weeks commencing 23rd Jan & 13th March)

Monday

Sweet and sour chicken served with rice

Butternut squash and broccoli tikka served with rice and naan bread

Tuesday

Lamb pasticcio served with garlic bread

Lentil and vegetable lasagne served with garlic bread

Apple and cherry crumble with custard

Wednesday

Braised sausages in yorkshire pudding served with roast potatoes and gravy

Sage bean and vegetable loaf served with roast potatoes and gravy

Thursday

Traditional beef cottage pie served with gravy

Lentil and vegetable moussaka

Blueberry muffin

Friday

Fish and chips served with peas

Cheese, tomato and basil quiche served with chips and peas.

All main meals come with a choice of fresh salad, or vegetables daily

Fruit jelly, fresh fruit or yoghurt

Week Five

(Weeks commencing 30th Jan & 20th Feb)

Monday

Tomato, basil and chicken pasta served with garlic bread

Lentil and vegetable masala served with rice and naan bread

Tuesday

Malaysian pork served with rice

Cauliflower and broccoli cheese served with new potatoes

Saint Clements sponge and custard

Wednesday

Roast beef and yorkshire pudding served with roast potatoes and gravy

Cheese, leek, tomato and potato pie served with roast potatoes and gravy

Thursday

Chinese chicken and vegetable stir fry noodles with rice

Vegan chicken, bean and vegetable fajita

Chocolate banana brownie

Friday

Tuna pasta bake

Quorn chilli served with rice and nachos

All main meals come with a choice of fresh salad, or vegetables daily

Fruit jelly, fresh fruit or yoghurt

Week Six

(Weeks commencing 6th Feb & 27th March)

Monday

Balti chicken and vegetable curry served with rice and naan bread

Spinach chickpea and potato curry served with rice and naan bread

Tuesday

Pork sausages served with mashed potato and onion gravy

Quorn chilli burrito served with potato wedges

Chocolate cherry flapjack

Wednesday

Slow roast pork served with apple sauce, roast potatoes and gravy

Baked cheese and vegetable strudel served with roast potatoes and gravy

Thursday

Traditional beef lasagne

Chinese vegetable stir fry noodles with rice

Tropical crumble and cream

Friday

Fish cake served with chips and peas

Bean and vegetable enchilada served with chips and peas

All main meals come with a choice of fresh salad, or vegetables daily

Fruit jelly, fresh fruit or yoghurt